



LifeWorks *of Sonoma County*

Lifeworks of Sonoma County, a nonprofit mental health agency, provides education and counseling to foster and support positive emotional development in our community.

Choices for Change

Choices for Change is an ten week bilingual prevention and intervention program dedicated to families impacted by drug or alcohol dependence.

The classes meet on Wednesday evenings beginning September 15, 2010.

The classes will be held at:

LifeWorks of Sonoma County

1200 College Avenue, Santa Rosa, CA 95404

September 15, 2010

October 20, 2010

September 22, 2010

October 27, 2010

September 29, 2010

November 3, 2010

October 6, 2010

November 10, 2010

October 13, 2010

November 17, 2010

from 6:30 – 8:00 p.m.

Fee for ten week class:

Family: \$150.00

One person: \$100.00

Please contact

Rosa Toral, MFT, Program Director

for more information:

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